

## **Instructions / Guidelines for the Authors**

### **Preparation of Manuscript:**

Articles written only in English language are accepted for publication. Authors should prepare manuscripts according to the Publication manual of the American Psychological Association (7<sup>th</sup> edition). Spellings should follow Webster's Dictionary or Oxford English Dictionary. All submissions including book reviews must have a title, left aligned, Font size 12, Font type Time New Roman, be double spaced with margin of 3cm all round.

### **Ethical Standards:**

Authors will be required to state in writing that they have complied with APA ethical standards in the treatment of their sample: human or animal, and describe the details of treatment. A copy of the APA ethical Principles may be obtained from APA website or from the office of Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan.

### **Abstract:**

Abstract should range between 120-150 words for all articles except for book reviews. An abstract is a concise summary of the whole paper, not just the conclusion. It should state the purpose of the study, hypotheses, method, analysis, main findings and conclusion.

### **Introduction:**

Introduction contains theoretical framework, rationale of the study, review of updated and relevant researches. Objectives and hypotheses are required to be clearly listed.

### **Method:**

Method section should include design of the study, sample description, assessment protocols, ethical considerations and procedure of data collection.

### **Results:**

Present your results in logical sequence in the text, tables and illustrations (Figures). Do not repeat in the text all the data in the table or figures; emphasize on only important ones. Tables, Figures and illustrations must be placed on separate sheets after the references and prepared according to the APA's prescribed format. Each table must have a title, be numbered in sequence with Arabic numerals. Clear notes should be made by the author(s) at approximate point of insertion in the text.

### **Discussion:**

Discuss major findings, emphasize new and important aspects of the study, and implications and conclusion follow from them. Repetition of the material in Introduction section and Results should be avoided.

### **References:**

Follow APA's latest manual format for writing references in the text and list of references.

### **Publication Cost:**

Processing Charges (Non-refundable; submitted along with the manuscript): 3000/-  
Review and Publication Charges (submitted after editorial committee approval): 12000/-

\*In case of rejection of article, Rs. 6000/- will be refunded.

### **Submission**

Electronic submission is preferred. Authors are required to submit Authorship Agreement Form, bank draft or payment receipt, and plagiarism report along with the manuscript.